



# ALEXANDRA O'BRIEN

TRIPSCHOOL CERTIFIED TOUR DIRECTOR

## GUIDE EXPERIENCE

Lamer's Bus Lines, Wildwood, FL

- Leading day trips as local guide and also over the road multi day trips across the South

Nashoba Winery, Bolton, MA

- Conducted winery tours and curated wine tastings.
- Displayed and conveyed knowledge of wine , and assisted guests with retail wine purchases.

### DESTINATION KNOWLEDGE

MA- THE BERKSHIRES, LENOX, STOCKBRIDGE, BOSTON, NORTH SHORE  
ME- KENNEBUNKPORT, YORK, OGUNQUIT  
VT- STOWE, WOODSTOCK  
FL- CENTRAL, EAST COAST AND WEST COAST  
NH- WHITE MOUNTAINS

## RELEVANT EXPERIENCE

### Psychiatric Advanced Practice Nurse

*Various organizations in MA, NH, FL*

- Provided psychopharmacology services and counseling services to varied populations in nursing homes and general outpatient clinic settings. **24 years**
- Clients served have been children, adolescents, adults, and geriatrics.
- Perform diagnostic evaluation, treatment plans, psychopharmacology, and psychotherapy.
- Build therapeutic relationships with clients and their healthcare teams through collaboration and evidence based practices to optimize care.

## EDUCATION

### Masters & Bachelor of Science

Northeastern University, Boston, MA  
1998

## CONTACT



781-491-3015



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The Villages, FL



MCO & TPA

## CERTIFICATIONS

- Tour Director Certification TripSchool, 2022

## TOUR GUIDE LICENSES

- Washington DC, expected fall 2022

## PERSONAL INTERESTS

fine dining, food and wine pairings, helping others, animals, motorcycles, nature, dancing, learning new things, meeting new people and getting to know them, road trips fashion, reading, psychology and sociology