



# KIRSTEN PLOWMAN

TOUR DIRECTOR/GUIDE

## CONTACT

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- 📍 DES MOINES, IA
- ✈️ DSM



## CERTIFICATIONS

IATDG TourPrep with Practicum  
Leave No Trace Level 1 Instructor  
NOLS Wilderness First Aid  
Red Cross CPR/AED

## GUIDE LICENCES

Washington, D.C. - 2025/2026  
New York City - Pending 2026

## PERSONAL INTERESTS

Drinking coffee, chasing waterfalls, cross stitch & audiobooks, snowshoeing under pine trees, trying regional foods, kayaking, dancing to live music, and talking about plants.

## DOMESTIC DESTINATION KNOWLEDGE

**National Parks, Lakeshores, & Monuments:** Grand Canyon, Zion, Grand Teton, Great Smoky Mountains, Badlands, Gateway Arch, Mount Rushmore, Devils Tower, Pictured Rocks, Sleeping Bear Dunes, Effigy Mounds

**Metros:** Washington, D.C., New York City, Chicago, St. Louis, Minneapolis/St. Paul, Nashville, Charleston, Savannah

**Midwest & Great Lakes:** Illinois, Iowa, Michigan, Minnesota, Wisconsin

**Great Plains:** Nebraska, South Dakota

**Mountain West:** Colorado

**Southeast:** Kentucky, North Carolina, Tennessee, Virginia

## INTERNATIONAL DESTINATION KNOWLEDGE

**Germany,** Munich

**Hungary,** Budapest

**Iceland**

**Ireland,** Dublin

**Mexico,** Puerto Vallarta

**Netherlands,** Amsterdam

**Scotland**

## DESTINATION TRAINING

WASHINGTON, D.C., March 2025

SAVANNAH TO CHARLESTON, November 2025

## RELEVANT EXPERIENCE

### TOUR DIRECTOR

*GET TO KNOW TRAVEL LLC / 5 years*

**Vacations by Rail:** Great Lakes & Trains featuring The Grand Hotel, Smoky Mountain Rail Adventure

**EF Educational Tours:** Washington, D.C., New York City

**Wander Women Midwest:** Camping, Hiking, and Backpacking trips throughout the Midwest, including Minnesota's North Shore, Wisconsin's Devil's Lake, Effigy Mounds, and many more.

### BUSINESS EXECUTION CONSULTANT

*WELLS FARGO BANK / 13 years*

Built excellent communication skills, led teams completing highly regulated processes, led cross-departmental projects, and supported teams looking to improve and streamline their workflow.

### RESIDENTIAL PROPERTY MANAGER

*7 years*

Provided residents with a great property and customer service, while keeping the best interests of the property owner in the forefront, managed staff, maintained budgets and hosted community events.

## ACADEMIC BACKGROUND

**Grinnell College** - BA in Theatre