

# Sarah Bontrager

*ITMI Certified Tour Director*



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Denver (DEN)



United States citizen



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<https://youtu.be/mn4A4n5FtC0>

## Tour Experience

- **Tour Director, Joshua Expeditions, 2022 - current**
  - Arizona & Grand Canyon
  - Washington D.C., Monticello & Mount Vernon; 2x
- **Wellbeing Director, Insight Vacations, 2021 - current**
  - 'Wonders of the American West' - 10 days; 3x
  - 'America's Magnificent Nat'l Parks' - 15 days
  - 'New England's Fall Foliage' - 7 days
  - Boston - 9 days
- **Server, Delta Queen Steamboat Company, 2003**
  - Via 'American Queen', cruised up the Mississippi and Ohio Rivers
- **Stewardess, Clipper Cruise Line, 2002**
  - Eastern & Western US & Canadian Seaboards and the Great Lakes
- **Summer Camp Counselor, Campus Kids, 2001**
  - 'Explorers' - teen travel program exploring northeast US and Montreal

## Further Destination Knowledge

- Southwest US: Colorado, Utah, Arizona, 18 yrs
- Wisconsin & Great Lakes, 22 yrs
- California, 2+ yrs
- Eastern & Western US & Canadian Seaboards, 1 yr
- DC, NYC, Boston, 1+ years
- U.S. National Parks - 25:63 visited
- Kauai, Hawaii

## Education

### TripSchool

February 2022

*East Coast MegaTraining - DC, NYC & Boston*

November 2022

*Tour Technology Mega Masterclass*

### International Tour Management Institute

2020 - 2021

*Certified Tour Director & Guide*

### Oxford Seminars

2018

*TESOL/TESL/TEFL Certified - 100-hour*

### University of Wisconsin-Madison

1997 - 2001

*Bachelor of Arts - Letters & Science*

*CPR/AED/First Aid Certified 2021 - 2023*

## Additional Experience

- Administrative Assistant, 10+ years
- Volunteer, 15+ yrs (ongoing)
  - SECOR Food Pantry | Habitat for Humanity | ESL Assistant | Animal Shelter & Horse Rescue | United Way | Mexico Mission Trip

## Accomplishments

- NaNoWriMo x2
- Chicago Marathon
- Georgetown/Idaho Springs Half
- Tough Mudder, Spartan & Warrior Dash
- Year-Long Study Abroad: Aix, France
- Summer Study Abroad: Quebec, Canada

## Hobbies

- Mountain Biking, Hiking, Volunteering